



21 Days of Prayer & Fasting Guide (2022)

1. What can you hear God saying to you about [DAY] [THEME] [SCRIPTURE]?
2. Pray about, meditate and reflect upon, and apply each day's [THEME] [SCRIPTURE] to an area(s) of your life.
3. Share, journal, and discuss each day's [THEME][SCRIPTURE] with somebody else?

DAY	DATE	THEME	SCRIPTURE
1	MO. 1/10	<i>Thankfulness</i>	Psalm 145:17-19; Philippians 4:6-7
2	TU. 1/11	<i>Glory of God</i>	Psalm 72:19; Ephesians 1:17-21
3	WD. 1/12	<i>Vision</i>	I Corinthians 2:9; Habakkuk 2:2-3
4	TH. 1/13	<i>Strength</i>	Ephesians 6:10; Isaiah 40:29-31
5	FR. 1/14	<i>Provision</i>	Philippians 4:19; Psalm 34:10; Matthew 6:26
6	ST. 1/15	<i>God's Will</i>	Matthew 6:10; Ephesians 5:17; Proverb 19:21
7	SU. 1/16	<i>Purpose</i>	Matthew 5:13-16; Psalm 33:11
8	MO. 1/17	<i>Wisdom</i>	Proverbs 2:6, 16:16; James 1:5
9	TU. 1/18	<i>Direction & Discernment</i>	Psalms 32:8, 119:125; John 16:13
10	WD. 1/19	<i>Stewardship</i>	Colossians 3:23-24; I Peter 4:10; Proverb 21:20
11	TH. 1/20	<i>Fruit of the Spirit</i>	Galatians 5:22-23
12	FR. 1/21	<i>Growth</i>	II Peter 3:18; Hebrews 6:1-2; I Peter 1:5-8
13	ST. 1/22	<i>Love</i>	I John 4:7; I Corinthians 13:4-8; Ephesians 4:2
14	SU. 1/23	<i>Faithfulness</i>	Psalm 119:11; I Kings 2:3-4; Hebrews 10:23
15	MO. 1/24	<i>Wholeness</i>	III John 1:2; I Peter 2:24; Isaiah 53:5
16	TU. 1/25	<i>Unity</i>	Psalm 133:1; John 17:23; I Corinthians 1:10
17	WD. 1/26	<i>Relationship & Community</i>	Ephesians 4:2-3; I Corinthians 1:10
18	TH. 1/27	<i>Healing</i>	Mark 9:23, 10:52; James 5:14-15
19	FR. 1/28	<i>Leaders</i>	I Kings 3:9; I Corinthians 15:58; Psalm 91
20	ST. 1/29	<i>Lost & Found</i>	Acts 16:31; Colossians 4:3, 2:6-7, 1:9-10
21	SU. 1/30	<i>Renewed Mind</i>	Romans 12:2; Philippians 4:8; Colossians 3:2

Fast and pray by abstaining from something(s) that you find challenging to give up. Only you can determine what that is, opening up and surrendering your heart, mind, and will to God. Be honest with yourself. Let each of us to lay aside certain routines in life so that we have more time to pray and seek the Lord for ourselves, our loved ones and communities, our world, and all of God's creation (Scripture: Matthew 6).